

## FOOD & DRINK MENU

## **SOFT DRINKS BEER & CIDER**

#### BOTTLED

OASIS SUMMER FRUITS	3.00
OASIS CITRUS 500ml	3.00
COKE 500ml	2.50
FANTA ORANGE 500ml	2.50
SPRITE 500ml	2.50
DIET COKE 500ml	2.25
WATER 500ml	2.00
SPARKLING WATER 500ml	2.00
ORANGE JUICE CARTON	2.00
APPLE JUICE CARTON	2.00

#### CANNED

HEINEKEN 5% ABV   440ml	6.00
FOSTERS 4% ABV   440ml	5.00
INCH'S 4.5% ABV   440ml	5.00

## **HOT DRINKS**

HOT CHOCOLATE 336kcal	3.75
LATTE 336kcal	3.50
CAPPUCCINO 336kcal	3.50
AMERICANO 336kcal	3.00
HERBAL TEA 336kcal	2.25
TEA 336kcal	2.00

#### **SLUSHIES**

BLUE RASPBERRY 182kcal	4.00
	4 00

WHY NOT HAVE A MIX??





### BREAKFAST

#### SERVED ALL DAY

<b>ENGLISH BREAKFAST BAGUETTE</b> 1049kcal Bacon, Cumberland Sausages and Egg served in a White Baguette	10.00
<b>VEGGIE BREAKFAST BAGUETTE</b> 794kcal <b>V</b> Vegetarian Sausages, Egg and Hash Brown served in a White Baguette	7.50
<b>BACON BAGUETTE</b> 650kcal Grilled Bacon served in a White Baguette	6.00
SAUSAGE BAGUETTE 777kcal Hot Cumberland Sausages served in a White Baguette	6.00

#### SHARING

	8.50
Tortilla Chips topped with Melted Cheese, Salsa, Soured Cream, Guacamole and Jalapeños	
CHEESE AND BACON FRIES 640kcal	6.25
Bowl of Fries topped with Melted Cheese, Streaky Bacon and BBQ Sauce	
	6.00
Bowl of Fries topped with Melted Cheese, Red Peppers and Onions	
	4.00
Bowl of Fries	

<b>BAGUETTES &amp; WRAPS</b>	
FISH GOUJON WRAP 739kcal	9.50
Fish Coujons in a Flour Tortilla served with Lettuce and Tartare Sauce	
HALLOUMI WRAP 979kcal V	9.50
Grilled Halloumi Slices in a Flour Tortilla served with Peppers, Onion, Tomato, Lettu Sweet Chilli Sauce	ice and
SOUTHERN FRIED CHICKEN WRAP 678kcal	9.50
Southern Fried Chicken in a Flour Tortilla served with Lettuce, Tomato and Mayo	
CHEESE & HAM BAGUETTE 1279kcal	7.75
Grated Cheddar and Sliced Ham served in a White Baguette	
HAM BAGUETTE 781kcal	7.50
Sliced Ham served in a White Baguette	
TUNA CRUNCH BAGUETTE 879kcal	7.25
Tuna, Mayo, Cucumber, Red Onion and Red Pepper served in a White Baguette	
CHICKEN MAYO BAGUETTE 922kcal	7.00
Sliced Grilled Chicken Breast and Mayo served in a White Baguette	
	7.00

Grated Cheddar served in a White Baguette

# SOMETHING EXTRACHEESY GARLIC CIABATTA 504kcal V4.00GARLIC BREAD 130kcal V3.00

#### BURGERS

<b>BACON CHEESEBURGER</b> 1151kcal 1/4 oz 100% Beef Patty topped with Melted Cheese and Bacon	10.75
CHEESEBURGER 1148kcal 1/4 oz 100% Beef Patty topped with Melted Cheese	10.00
SOUTHERN FRIED CHICKEN BURGER 820kcal Southern Fried Chicken Breast Burger	9.75
CLASSIC BURGER 961kcal 1/4 oz 100% Beef Patty perfectly seasoned and ready to go!	9.50
MOVING MOUNTAINS VEGAN BURGER 753kcal VE	10.75

CHICKEN	
10 CHICKEN WINGS 654kcal	10.00
5 CHICKEN WINGS 323kcal	6.00
5 BUTTERMILK CHICKEN STRIPS 575kcal	8.00
3 BUTTERMILK CHICKEN STRIPS 362kcal	5.50
CHOOSE YOUR OWN DIP: BBQ 75kcal SWEET CHILLI 98kcal SRIRACHA 46kcal	

## **KIDS MENU**

<b>CHICKEN GOUJONS</b> 416kcal 100% Chicken Goujons served with Fries and Veg Sticks	6.00
FISH GOUJONS 339kcal V Fish Goujons served with Fries and Veg Sticks	6.00
KIDS MARGHERITA 589kcal Kids Pizza served with Fries and Veg Sticks	6.00

FANCY A SNACK?	
BROWNIE	3.50
MILLIONAIRE'S SHORTBREAD	3.50
MUFFINS	3.25
FLAPJACK	3.00
GINGERBREAD MAN	2.25

For information on calories and allergens please visit the cafe counter

The recommended daily calorie intake is 2,000kcal for women and 2,500 kcal for men. If you have any dietary or allergen requirements please notify a member of staff who will be able to help you. PLEASE NOTE ALL ITEMS ARE SUBJECT TO AVAILABILITY.



Suitable for Vegetarians



